



Proverbs Bible study guide

A clear 7-session guide for personal study, small groups, and churches

Read Proverbs as a whole before working through the sessions. Let its own structure set the agenda.

Every question sends you back to the biblical text. The guide helps you observe the passage, follow the author's argument, interpret it in context, and respond faithfully.

CHOOSE YOUR DEPTH

- Short: Read the book overview and discuss the first and final question in a session.
- Study: Work through all 7 sessions and answer each question from the passage.
- Deep: Open the free chapter commentary and dictionary links while you study.

protos-app.com/commentary/proverbs

Proverbs at a glance

BIG IDEA

Each day, life confronts us with many decisions. [1]

HISTORICAL SETTING

Author: Various; many are attributed to Solomon. Date: Written and compiled over the course of several centuries, beginning during Solomon's reign (971-931 BC) and continuing until at least the reign of Hezekiah (728-686 BC). Setting: Part is directed to a young man; other parts hint at diverse settings. [1]

HOW TO READ THIS BOOK

Read this book as poetry and wisdom. Notice parallel lines, imagery, speakers, and emotional movement. Do not flatten a poem into a list of propositions.

MAJOR THEMES

- To offer practical wisdom for making decisions and ordering life
- The book's literary movement and central claims
- Faithful response within the people of God
- Hope, judgment, grace, and obedience in their proper context

INTERPRETIVE CARE

- Attend to poetic language and speaker before treating every line as a universal promise.
- Read individual poems and sayings in their collection and canonical setting.

Proverbs 1-5

140 verses. Read it aloud together before anyone talks about it.

Who and what appears

Sheol · David · Solomon · Ear · Feet · Blood

Questions

- Try to state the argument in one sentence before anyone reacts to it.
- What does the writer repeat? Repetition is usually the point, not a habit.
- What surprised you, or what did you have to read twice?
- Why does the writer bring David into this argument, and what claim does the example support?
- The word ear is doing real work here. What did you assume it meant, and does the passage agree?
- What problem was this letter written to solve, and does knowing that change how the instruction lands?
- Where does this cut against something you already believe or already do?

[Stuck on a word or name? Open the free Bible dictionary.](#)

NOTES AND PRAYER

Proverbs 6-9

116 verses. Read it aloud together before anyone talks about it.

Who and what appears

Sheol · Egypt · Feet · Call · Hate · Lips

Questions

- What is the writer trying to get these readers to do or stop doing?
- Who is being addressed here, and what do they already know that we do not?
- What is assumed rather than argued? Those assumptions are often the real claim.
- Define feet from this passage alone, without reaching for what you already know.
- Is this a command, a description, or an argument? They are not read the same way.
- What would actually be different this week if you took this seriously?

[Stuck on a word or name? Open the free Bible dictionary.](#)

NOTES AND PRAYER

Proverbs 10-13

116 verses. Read it aloud together before anyone talks about it.

Who and what appears

Solomon · Lips · Righteousness · Death · Folly · Fountain

Questions

- What has the writer already established that this section is building on?
- Which single verse carries the weight of this section?
- What is left unsaid that you expected to be said?
- Which detail about Solomon matters to the argument here, and which familiar details do not?
- Where else have you heard lips used, and is it being used that way here?
- What did the first readers face that we do not, and what does that change?
- Who do you know who needs to hear this, and what stops you saying it?

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NOTES AND PRAYER

Proverbs 14-17

129 verses. Read it aloud together before anyone talks about it.

Who and what appears

Sheol · Folly · Lips · Death · Righteousness · Fear

Questions

- Where does the writer expect pushback, and how do you know?
- Where does the tone shift, and what causes it?
- What question does this section answer that you had not thought to ask?
- The word folly is doing real work here. What did you assume it meant, and does the passage agree?
- Where does the writer move from what God has done to what we should do?
- What is the hardest thing in this passage to accept, and why that one?

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NOTES AND PRAYER

Proverbs 18-22

143 verses. Read it aloud together before anyone talks about it.

Who and what appears

Lips · Wife · Justice · Witness · Brother · Ear

Questions

- If you disagreed with this, where would you push first?
- What does the writer repeat? Repetition is usually the point, not a habit.
- What surprised you, or what did you have to read twice?
- Define lips from this passage alone, without reaching for what you already know.
- What problem was this letter written to solve, and does knowing that change how the instruction lands?
- If this is true, what have you been getting wrong?

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NOTES AND PRAYER

Proverbs 23-26

125 verses. Read it aloud together before anyone talks about it.

Who and what appears

Hezekiah · Sheol · Solomon · Lips · Folly · Honey

Questions

- What would be missing from the letter if this section were cut?
- Who is being addressed here, and what do they already know that we do not?
- What is assumed rather than argued? Those assumptions are often the real claim.
- What does the writer assume the readers know about Hezekiah, and how is that knowledge being used?
- Where else have you heard lips used, and is it being used that way here?
- Is this a command, a description, or an argument? They are not read the same way.
- What would you want to be reminded of from this section in six months?

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NOTES AND PRAYER

Proverbs 27-31

146 verses. Read it aloud together before anyone talks about it.

Who and what appears

Sheol · Elders · Generation · Mother · Bread · Drink

Questions

- Try to state the argument in one sentence before anyone reacts to it.
- Which single verse carries the weight of this section?
- What is left unsaid that you expected to be said?
- The word generation is doing real work here. What did you assume it meant, and does the passage agree?
- What did the first readers face that we do not, and what does that change?
- Where does this cut against something you already believe or already do?

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NOTES AND PRAYER

Sources, method, and reuse

Protos created this guide to help readers understand Proverbs in its literary and historical context. Questions are designed to be answered from the passage, not from guesswork or personal opinion alone.

REFERENCES

[1] Tyndale Open Study Notes

Tyndale House Publishers. Book background, purpose, setting, and structural orientation. CC BY-SA 4.0.

<https://tyndaleopenresources.com/>

[2] Protos study guide editorial

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Background and context for Proverbs [__protos-app.com/commentary/proverbs](https://protos-app.com/commentary/proverbs)

A Bible dictionary, 1,129 entries [__protos-app.com/bible-dictionary](https://protos-app.com/bible-dictionary)

Printable Bible reading plans [__protos-app.com/reading-plans](https://protos-app.com/reading-plans)

Protos is also available on iPhone and Android, with verse-by-verse study help beside the passage you are reading.

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